

Winter Adult Program Guide

January – March 2020

rpl.yourlibrary.ca

The Richmond Public Library is committed to providing free informational, educational, and general interest programs. **ALL PROGRAMS REQUIRE REGISTRATION UNLESS DESIGNATED AS DROP-IN IN THEIR TITLE.**

SPECIAL EVENTS

AUTHOR TALK WITH ANN PEARSON

Author Ann Pearson will discuss her new book
A Promise on the Horizon.

Wed Jan 22 7:00pm-8:30pm BHB Community
Place

BLACK HISTORY MONTH

Canada Post: Black History Month Stamp History, Process & Choices

Fri Feb 7 6:00pm-7:30pm BHB 2nd Floor
Program Room

History of Gospel Music

Sat Feb 8 1:00pm-3:00pm BHB Kids Place
Program Room

History of Basketball & Impact in the Black Community

Sun Feb 16 1:00pm-2:30pm BHB Community
Place

Status of Black History Month Today

Fri Feb 28 6:00pm-8:00pm BHB 2nd Floor
Program Room

HIRING FAIR

Are you looking for work? We are excited to welcome employers from various industries who are hiring. Submit your resume and speak to employers in person. In partnership with Richmond Multicultural Community Services (RMCS).

Thu Mar 5 1:00pm-4:00pm BHB Lobby

LOW INCOME TAX CLINIC

Richmond Public Library, in partnership with Lord's Harvest Fellowship, is offering free help with income tax returns to qualifying low-income community members.

Please call 604-231-6413 to book your appointment.

Sat (Mar 14-Apr 25)

BHB Community Place

LITERATURE & PHILOSOPHY

LIBRARY BOOK CLUBS

Please note, participants can only register for ONE book club per season.

Novel Idea (1)

Tue (Jan 21-Mar 17) 10:30am-12:00pm
BHB Community Place

Novel Idea (2)

Mon (Jan 27-Mar 23) 7:00pm-8:30pm
BHB Community Place

Hamilton Book Club

Thu (Jan 9 -Mar 12) 7:00pm-8:00pm
HAB Multipurpose Room 1

Readers Dozen (1)

Thu (Jan 9-Mar 12) 10:30am-12:00pm
BHB 2nd Floor Program Room

Readers Dozen (2)

Wed (Jan 15-Mar 18) 10:30am-12:00pm
BHB Community Place

ESL Book Club (Intermediate/Advanced)

Suitable for ESL learners' level CLB 3-5.

Wed Jan 29 2:30pm-3:30pm BHB Community
Place

Wed Feb 26 2:30pm-3:30pm BHB Community
Place

Wed Mar 25 2:30pm-3:30pm BHB Community
Place

BHB Brighthouse (Main) Branch 100-7700 Minoru Gate 604-231-6413	IWB Ironwood Branch 8200-11688 Steveston Hwy 604-231-6468	STB Steveston Branch 4111 Moncton Street 604-274-2012	CAB Cambie Branch 150-11590 Cambie Rd 604-273-2233	HAB Hamilton Sat. Service 5104 Smith Drive 604-273-2233 (Cambie)
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Book Bites (DROP-IN)

Love books and want to share your recent reads with other book lovers? Chat with others about your recent reads and be inspired by what others are reading.

Sat Jan 25 3:00pm-4:00pm CAB Dream Room
Wed Feb 19 7:00pm-8:00pm CAB Dream Room
Sat Mar 28 3:00pm-4:00pm CAB Dream Room

PHILOSOPHERS' CAFÉ (DROP-IN)

Join this series of informal and stimulating discussions held in partnership with SFU Continuing Studies and Richmond Community Services.

Steveston Philosophers' Café

This café takes place in the Gillnetter Room at Steveston Community Centre.

Thu Jan 9 6:30pm-8:30pm Gillnetter Room
Thu Feb 13 6:30pm-8:30pm Coho Room*
Please note room change
Thu Mar 12 6:30pm-8:30pm Gillnetter Room

Philosophers' Café in Russian

Thu Jan 16 7:00pm-9:00pm BHB Community Place
Thu Feb 27 7:00pm-9:00pm BHB Community Place
Thu Mar 19 7:00pm-9:00pm BHB Community Place

Brighthouse Philosophers' Café

Wed Jan 29 6:30pm-8:30pm BHB Community Place
Wed Feb 26 6:30pm-8:30pm BHB Community Place
Wed Mar 25 6:30pm-8:30pm BHB Community Place

EMPLOYMENT & FINANCE

FINANCIAL LITERACY SERIES

Facts You Need to Know About Banking in Canada

Are you new to Canada? Join this session about banking in Canada and investing with confidence. This program is held in partnership with RBC.

Sat Jan 11 2:00pm-3:00pm BHB Launchpad

Talking to Your Tweens/Teens About Money

Are your teens getting to the age where they are handling money? Join this session and learn three things every teen needs to know when it comes to money. In partnership with RBC.

Sat Feb 8 2:00pm-3:00pm BHB Launchpad

Fraud and Cyber Fraud Awareness

It's Fraud Awareness Month! Learn how to avoid fraud and cyber fraud and keep your money and information protected. In partnership with RBC.

Sat Mar 14 2:00pm-3:00pm BHB Launchpad

RESUME CLINIC

Meet with a resume coach who will help you perfect your resume and make it stand out enough to land an interview! Please bring a printed copy of your resume to the session. In partnership with SUCCESS.

To register, visit <https://www.eventbrite.ca/e/drop-in-resume-clinic-richmond-tickets-87190570343> or email bcsis@success.bc.ca

Brighthouse Branch

Fri Jan 10 9:30am-12:00pm BHB Community Table

Fri Feb 13 9:30am-12:00pm BHB Community Table

Fri Mar 13 9:30am-12:00pm BHB Community Table

Fri Apr 10 9:30am-12:00pm BHB Community Table

Fri May 15 9:30am-12:00pm BHB Community Table

Fri Jun 12 9:30am-12:00pm BHB Community Table

Ironwood Branch

Fri Jan 10 1:30pm-5:00pm IWB Community Table

Fri Feb 13 1:30pm-5:00pm IWB Community Table

Fri Mar 13 1:30pm-5:00pm IWB Community Table

Fri Apr 10 1:30pm-5:00pm IWB Community Table

Fri May 15 1:30pm-5:00pm IWB Community Table

Fri Jun 12 1:30pm-5:00pm IWB Community Table

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SMALL BUSINESS CLINIC

Meet with a Business Coach, who will help troubleshoot general start-up queries, navigate business situations, and share valuable resources. In partnership with SUCCESS.

Wed Jan 15 11:00am-4:00pm BHB Community Table

Wed Mar 18 11:00am-4:00pm BHB Community Table

TAX CREDIT SERIES

Understanding Taxes & Strategies for a Better Tax Return

Join this session and learn the benefits of tax deferred and tax-free investments and how these accounts can be beneficial during tax season. In partnership with Delgado & Associates, Independent Representatives of Primerica.

Sat Feb 8 1:00pm-2:30pm BHB Community Place

Newcomers Tax Credit

If you are a new or temporary resident in Canada (i.e. international students and/or work permit holders) join this session and learn about filing taxes, when to file and the benefits of filing your taxes. In partnership with CRA.

Tue Feb 11 10:00am-11:30am BHB 2nd Floor Program Room

Canada Child Benefit

For parents that want to learn about the Canada Child Benefit, get information about payments, eligibility, how and when to apply. In partnership with CRA.

Wed Feb 26 7:00pm-8:30pm BHB 2nd Floor Program Room

Pension & Tax Options for Seniors

This workshop describes the potential pension benefits that may be available if a couple enters involuntary separation. The procedures and forms to use to apply for these allowances are reviewed. In partnership with Seniors Health and Wellness Institute.

Mon Mar 2 10:00am-12:00pm BHB 2nd Floor Program Room

Seniors & Disability Tax Credit

This session is an overview of the common types of income and credits for seniors. You will learn more about the Disability Tax Credit, who is eligible, and how to apply. In partnership with CRA.

Tue Mar 10 10:00am-12:00pm BHB 2nd Floor Program Room

HEALTH

ALZHEIMER'S AWARENESS

Dementia Friends

We all have a role to play in making our community dementia-friendly. Learn about dementia and how you can help people living with dementia feel included and supported. In partnership with Alzheimer's Society of B.C.

Tue Jan 21 1:00pm-3:00pm BHB Community Place

Getting to Know Dementia

Enhance your basic knowledge about dementia and learn about the different types of resources available at any stage of the disease. In partnership with Alzheimer's Society of B.C.

*To register call Alzheimer Society of B.C. at 604-675-5150 or email info.vancouver@alzheimercbc.org

Wed Mar 4 1:00pm-3:00pm BHB Community Place

HEALTH SERIES

Healthy Eating for Seniors

Learn how to use Canada's Food Guide and read labels to make healthy choices. In partnership with Seniors Health and Wellness Institute.

Wed Jan 15 1:00pm-3:00pm BHB Community Place

Mental Health

Are you concerned about your mental health? This session will give you an overview of mental wellness and tips to promote mental health. In partnership with Seniors Health and Wellness Institute.

Wed Jan 22 1:00pm-3:00pm BHB Community Place

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Navigating the Emergency Department

This workshop will go over some of the reasons for going to the Emergency Department and some reasons not to go. Find out how to prepare for a visit and what to expect when you arrive. In partnership with Seniors Health and Wellness Institute.

Tue Feb 4 10:00am-12:00pm BHB Community Place

HYPERTENSION SERIES

Hypertension & Self-Management

What causes high blood pressure and what are your risks? Learn how to monitor your blood pressure at home, what the numbers mean, and when to see your doctor. You will take home an action plan for your health. In partnership with Vancouver Coastal Health.

Thu Jan 30 1:00pm-3:00pm BHB Community Place

Hypertension & Nutrition

Nutrition plays an important role for your health and well-being. Learn how you can make healthy changes in your diet to lower your blood pressure. In partnership with Vancouver Coastal Health.

Thu Feb 13 1:00pm-3:00pm BHB Community Place

Hypertension & Activity

Understand the impact of active living on your health and get tips on how to get started and stay motivated. In partnership with Vancouver Coastal Health.

Thu Feb 27 1:00pm-3:00pm BHB Community Place

Hypertension & Medication

Medications can improve and lengthen your life if used correctly. A pharmacist will be on hand to explain the role medications have in lowering blood pressure and to discuss different types of medications. In partnership with Vancouver Coastal Health.

Thu Mar 12 1:00pm-3:00pm BHB Community Place

Hypertension & Stress

Stress can affect your health and be a risk factor for hypertension. You will have an opportunity to complete a stress index and learn three steps to manage stress. In partnership with Vancouver Coastal Health.

Thu Mar 26 1:00pm-3:00pm BHB Community Place

GENERAL INTEREST

KNITTING & CROCHETING SERIES

Tunisian Crochet 101

Learn the basics of Tunisian crochet and make a piece of fabric. Bring a 4-5 mm crochet needle.

Sat Jan 18 2:30pm-4:00pm BHB Kids Place Program Room

Knitting 101

Learn how to knit in this beginner workshop. Bring a set of 4-5mm knitting needles.

Sat Feb 15 2:30pm-4:00pm BHB Kids Place Program Room

Finger Crochet 101

Learn how to finger crochet and make a small fabric. Bring old clothing to make into yarn.

Sat Mar 21 2:30pm-4:00pm BHB Kids Place Program Room

NEWCOMERS

ARABIC CIRCLE FOR WOMEN (DROP-IN)

This program offers an opportunity to meet with other Arabic-speaking women and discuss topics of interest.

Fri Jan 10 6:30pm-8:30pm BHB Kids Place Program Room

Fri Feb 14 6:30pm-8:30pm BHB Kids Place Program Room

Fri Mar 13 6:30pm-8:30pm BHB Kids Place Program Room

EMPLOYMENT STANDARDS AND WORKERS RIGHTS WORKSHOP

Are you working in Canada on a work permit? Are you an international student who is working part time?

Learn about your rights as a worker in BC. Topics covered include wages and working conditions, workplace safety, bullying and harassment, discrimination in the workplace, and what to do if you are mistreated at work. Presented in partnership with SUCCESS.

Tue Feb 25 7:00-8:30pm BHB 2nd Floor Program Room

BUSINESS EMAIL WRITING CLUB FOR NEWCOMERS

Practice writing business emails and learn about a variety of email formats, vocabulary and tips for writing an impressive email. In partnership with RMCS.

Thu (Jan 16-Feb 6) 10:00am-12:00pm BHB Community Place

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EXPRESS ENTRY AND BCPNP INTRODUCTION

Learn the latest information about immigration options for work permit holders and international students. Topics include application requirements, express entry and the BC Provincial Nominee Program. A Q&A session will be included. Presented in partnership with SUCCESS.

Tue Jan 21 7:00pm-8:30pm BHB Community Place

GROUP MENTORSHIP EVENT

New to Canada and curious about career development in various industries? Meet with local professionals and learn about attaining career success in your respective field. Presented in partnership with SUCCESS.

Tue Mar 24 7:00pm-8:30pm BHB 2nd Floor Program Room

LANGUAGE LEARNING

ENGLISH CORNER (INTERMEDIATE, DROP-IN)

Practice your English in conversation with others. This program is suitable for ESL Level 5 or CLB Level 5 and up and is facilitated by library volunteers.

Fri (Jan 10-Mar 27)* 10:00am-12:00pm
BHB Community Place

*No class on February 21

ENGLISH CONVERSATION FOR TEMPORARY RESIDENTS AND NATURALIZED CITIZENS

Practice and improve your English conversation skills in a casual and supportive setting. A facilitator from SUCCESS will lead a discussion on a variety of everyday topics. This series of conversation circles is suitable for temporary residents and naturalized citizens with intermediate level English (CLB 5-8).

Tue (Feb 25-Mar 31) 10:30am-12:00pm
BHB 2nd Floor Program Room

ESL CONVERSATION CIRCLE FOR NEWCOMERS (INTERMEDIATE)

Practice your English in conversation with others. A SUCCESS facilitator will lead discussions on a variety of topics. These conversation circles are suitable for temporary residents and naturalized citizens (CLB 3-5).

Sat (Jan 11-Mar 7)* 10:30am-12:30pm
BHB Community Place

*No class on January 25

FRIENDSHIP CORNER (INTERMEDIATE) DROP-IN

Meet new friends and practice conversational English in a welcoming setting where library volunteers facilitate community connections.

Sun (Jan 5-Mar 29) 10:00am-12:00pm
BHB Community Place

IMPROVE YOUR PRONUNCIATION (INTERMEDIATE)

This 12-week program is facilitated by library volunteers and designed for Intermediate to Advanced levels of English (CLB 4 and above). Participants must attend all 12 sessions. Program topics include sounds (both vowels and consonants), intonation, linking, reductions and stress.

Mon (Feb 3-May 4)* 1:30pm-3:30pm
BHB Community Place

* No session Feb 17 and Apr 13

JOB TALK ENGLISH CIRCLE

This workshop series for newcomers will help you improve your English listening and speaking skills and learn language tips that will support your job search. Each session includes a presentation and practice time. In partnership with RMCS.

Series 1

Mon (Jan 13-Feb 10) 10:30am-12:30pm
BHB Community Place

Series 2

Mon (Feb 24-Mar 23) 10:30am-12:30pm
BHB Community Place

LANGUAGE EXCHANGE CLUB (INTERMEDIATE/ADVANCED) DROP-IN

Join this library volunteer-led program where participants act as both student and teacher. You will have an opportunity to teach others your native language, while learning English or a second language from others. This club focuses on conversation and accent reduction.

Tue Jan 14 & 28 6:30pm-7:30pm BHB Community Place

Tue Feb 11 & 25 6:30pm-7:30pm BHB Community Place

Tue Mar 10 & 24 6:30pm-7:30pm BHB Community Place

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**LITERACY FOR LIFE: SKILLS FOR INTERMEDIATE
ENGLISH LEARNERS (INTERMEDIATE/ADVANCED)**

Improve your job and education prospects through classes focused on reading, writing, communication, numeracy, resume and interview skills. Basic computer skills are also covered. Registrants must attend all sessions. This program is presented by FIRST and sponsored by CALP of BC.

Fri (Jan 24-Mar 13) 6:30pm-8:30pm
BHB Community Place

For additional programs for adults 55+, pick up a print copy of our Fall 55+ Program Guide or go to rpl.yourlibrary.ca/seniorguide!

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